Link to website homepage:

[Saline Coaching - Home (albany.edu)](https://www.albany.edu/~js495243/coachsaline/index.html)

Link to video submission:

[video submission](https://www.screencast.com/t/89W6IRw9CDd)

note – I apologize the video is over the 3.5 minute time limit. I was unable to get through everything in this time, but it is only 4 minutes. I hope you can excuse this as I put a lot of effort into this project.